

Happiness

A Human Prescription

6 x 60'

LOGLINE:

The pursuit of happiness is as ancient as civilization itself; the need to feel content and joyful is one that all humans can identify with. But what is this happiness we seek? Where and how is it to be found? Can it ever be obtained and sustained? Happiness - A Human Prescription is not a self-help show, but an exploration of the elusive concept of happiness and man's obsession with it; its origins, its meaning and its practices; it is a search for the common through-lines of this much desired state across time, cultures and religions in a quest to unpack the science and the myth of human happiness.

SYNOPSIS:

Join Nicci Robertson, clinical nutritionist and author of the Re-Invent wellness coaching methodology, and Masasa Mbangeni, multi-award winning South African acting royalty and eternal seeker of happiness, on an epic journey to explore and discover the threads of happiness that unite humans across the world. Using thought-provoking interviews with renown experts across different disciplines ranging from neuroscience, endocrinology to psychotherapy, Masasa and Nicci ask questions that challenge the viewer's construct of what happiness is, where it lies and how to find it. The objective of the series is not necessarily to provide answers, but to subtly direct the viewer into questioning the nature of happiness – what it is, and what makes us all happy.

The first episode of the series looks at the relationship between the immune system and our sense of happiness and asks if our experience of happiness is chemical and biological rather than a subjective experience. As the title of the program suggests perhaps we have handed over the responsibility of our health and happiness to pharmaceutical companies and doctors, anyone other than ourselves. In further episodes the curious duo will look at our anthropological connection to happiness and the tribe; the Economics of Happiness and the connection between happier populations and greater economic growth. The series will also explore the relationship between music, food and happiness, providing a broad field of thought on what happiness is and how humans across space and time fulfil their pursuit of happiness. Using high quality video graphics, archive footage and sophisticated animation, Happiness - A Human Prescription will be a game changing, deep dive into a subject that the whole world is fascinated by and can't get enough of.

GENRE:	FACTUAL
DURATION:	6 x 1 HR
SERIES LANGUAGE:	ENGLISH
PRODUCERS:	DAN JAWITZ, JOEL PHIRI & TSHEPISO SELLO
CO-PRODUCER:	NICCI ROBERTSON, RE-INVENT HEALTH
DIRECTOR:	TBC
WRITERS:	TBC
BUDGET:	TBC
PROJECT STATUS:	IN DEVELOPMENT/PROMO AVAILABLE

For more information contact: Dan Jawitz at dan@kaentertainment.co.za